



## Gun Run 2023 – Race Route descriptions V4.0

### 21.1km – race starts at 06:30 on Sunday 17<sup>th</sup> September

**Start** – On Fritz Sonnenberg Road, next to the Stop sign at the entrance to P1 of the Stadium . Follow Fritz Sonnenberg to Beach Road. Turn right into Beach Road.

**1km** : Continue on Beach Road to Granger Bay Boulevard. Turn right into Granger Bay Boulevard using western side carriageway (Stadium side).

Continue to intersection with Fritz Sonnenberg Road. At intersection turn right into Fritz Sonnenberg and follow Fritz to opposite stadium entrance 10.

**2km** : Turn left onto stadium forecourt and cross forecourt until able to turn left towards York Road Underpass. Exit Pedestrian Underpass onto Main Road pavement / cyclway towards Gallows Hill Traffic Department.

**3km** : Turn left into Ebenezer Road and follow to Port Road. Right into Port Road using left side of road. Straight on Port Road, keeping runners on left side of road. Left into Alfred St and straight to intersection with Dock Road. Right into Dock Road and follow to Stanley Street. Right into Stanley St then left into Alfred St using left side of road.

Port Road / Alfred Street to be fenced down the middle separating runners on either side from Bennett Street to Stanley Street

**4km** : Follow Alfred Street, right turn into Dock Road, then left into Bennet Street. At intersection with Prestwich St, left and follow Prestwich Street on righthand side of road to Chaipinni Street.

Turn right into Chiapinni Street, staying on right hand side of road to Somerset Road. Right into Somerset Road, using left lane with traffic towards the CBD in the right lane.

**5km** : Continue on Somerset Road using left lane with traffic towards the CBD in the right lane. Continue on Main Road using left lane with traffic towards the CBD in the right lane to opposite Exhibition Terrace, here move runners onto cycleway/pavement and bear right into P12 carpark. Follow fencing through P12 carpark into Pedestrian Underpass

**6km** :, Bear left coming out of Underpass and onto roadway of Main Road in dedicated slow inbound lane

**7km** : Continue on road turning left into Three Anchor Bay Road on Clicks side of carriageway. At intersection with Beach Road, turn left into Beach Road onto seaside carriageway roadway.

**8km** : Continue on seaside of median along Beach Road, to St John's Road Road

**9km** : At St Johns Road, runners move to mountainside carriage and proceed to Calrens Road. Turn left into Clarens Road. Continue on Clarens Road. across Regent Road to Kloof Road, right into Kloof Road. Follow Kloof Road on left side of road (inbound lane).

**10km** : Continue along Kloof Road

**11km** : Continue along Kloof Road, keep to the right at junction with Nettleton

**12km** : Continue along Kloof Road, at approximately 12.5km mark, keep right into Lower Kloof Road, past Camps Bay High School.

**13km** : Continue along Lower Kloof Road, then right into Victoria Road towards Clifton Beaches, on left-hand side of Victoria Road. Victoria Road is open to traffic heading to Camps Bay.

**14km** : Continue along Victoria Road, on left-hand side of road past Clifton Beaches.

**15km** : Continue straight along Victoria Road to Bantry Bay, left into Seacliff Road.

**16km** : Straight into Beach Road at Saunders Rocks, continue straight along Beach Road towards Queens Road in the left-hand lane.

**Move onto left-hand side of road / pavement, before intersection with Queens Road.**

Keep on Left hand side of road / Pavement to Pavilion Food area

**17km** : Bear left onto Seapoint Promenade next to the Pavilion Food area. Follow the Seapoint Promenade towards Rocklands Beach.

**18km** : Continue on Promenade. Follow Promenade towards Mouille Point Lighthouse

**19km** : Continue along Promenade to the intersection of Beach and Beach where the runners move from the Promenade onto Beach Road, on the left hand side of the road

**20 km** : Continue along on Beach Road. Continue straight along Beach Road past Surrey Place, right into Fritz Sonnenberg, then right into Stephan Way

**21km** : Continue along Stephan Way, turn left onto Hamilton's Rugby fields and finish line.